

Hello Coaches!!!

Welcome to the Annual Minneapolis Laker Invitational Swimming and Diving Meet

Date: Saturday, December 14th, 2024

Swimming& Diving Location: University of St. Catherine 2004 Randolph Ave. St. Paul, MN 55105

Time:	Diving:	Warm-ups: 8:30 am Start: 9:30am	Swimming:	Warm-ups: 11:00am Start: 12:00pm
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Entry Fee: \$130.00, due on the same date as your entries. The fee can be sent to me, Chris Aarseth, made out to Southwest High School Swimming and Diving at the school address 3414 W 47th St. Mpls., MN 55410. We would appreciate a timely payment so that we can pay the officials on time.

Entries:	Swimming:	Four (4) swimmers per team for individual events. Four (4) relays per team for relay events.
	Diving:	Four (4) divers per team for a 6-dive event.

Entry Due Date: Entries are due no later than Monday, December 9th, 2024. They may be emailed to mplsswim@gmail.com

**HYTEK ENTRIES PREFERRED!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! ALSO TURN IN
DIVE SHEETS!!!!!!!!!!!!!!!!!!!!!!Diving Sheets can be submitted by eDive
<https://www.edive.info/emailentries.aspx>**

Number of Events: Each athlete may compete in a maximum of two (2) individual events plus two (2) relays or one (1) individual event plus three (3) relays.

Scoring: This meet will be scored through 16 places for individual events. The scoring in relays will be to 16 places as well.

Awards: A team trophy award will be given to the top team and second place team @ the conclusion of the meet.

Facilities:

- 8 lane – 25 yard Pool
- Concession Stand
- 300+ Spectator Seating

Concessions: There will be concessions available during the meet for spectators and/or contestants.

Inquiries: If you have any questions call Chris Aarseth 612-290-6113. We are incredibly pleased about hosting this meet and are looking forward to seeing you all in December.